

Personality	Description	Spectrum	Includes Traits Of
Disputatiously Discontented	<p>They are highly independent-minded and motivated by their own principles and values.</p> <p>They tend to focus on the negative aspects of life and are not particularly optimistic about the future.</p> <p>They are argumentative and testy, particularly when it comes to their relationships and activities.</p> <p>They are often indecisive and unsure about what to strive for.</p> <p>They are skeptical of traditional precepts and may find logical flaws and inconsistencies in the beliefs and assumptions put forth by others.</p> <p>They prefer work situations that are open and unstructured, allowing them to function alone or in silence.</p> <p>They tend to respond to challenges quickly and may seem impulsive, but their decisions may have been percolating for some time.</p> <p>They may struggle to substantially transform their environment, despite their desire to ensure good outcomes for themselves.</p>	DRN	
Ambivalently Discontented	<p>They desire security, psychic stability, and social comfort, and avoid problematic situations and troublesome relationships.</p> <p>They believe that life's pleasures and joys are ephemeral and not genuine, often leading to disappointment.</p> <p>They are resistant to altering their environment and taking the initiative to shape their life circumstances.</p> <p>They plan strategies and scan alternatives to circumvent difficulties, but their wishes are often irreconcilable and inconstant.</p> <p>They seek to benefit others as well as to extract a modicum of life's bounties for themselves.</p> <p>They have concluded that extending themselves to others may improve their circumstances, despite a negative view of how well they have been treated in the past.</p> <p>They rarely accommodate the desires of others, showing an inconsistent measure of concern for their welfare.</p> <p>They are disinclined to achieve psychic stability and may be too independent-minded to recognize more effective conventional solutions to problems.</p> <p>They are characterized by strong antithetical dispositions, an introspective inclination that is constantly facing the contradictions of life, and a need for independence and autonomy.</p> <p>They prefer to fend for themselves, to move from one situation to the next as opportunities arise, to avoid the constraints of traditional settings, and rarely to be concerned with gaining the approval of others for doing what they wish.</p> <p>Their actions may appear impulsive, but they reflect a considerable measure of disillusionment with both self and others.</p> <p>They have a tendency to obsess over disappointments and dissatisfactions, resulting in either a self-contained withdrawal or an irritable contrariness.</p>	DRN	
Vacillating Resentful	<p>They vacillating resentful personality has rapid fluctuations between emotional states and interpersonal attitudes.</p> <p>They can be affectionate, interesting, and charming one moment, and irritable, oppositional, and disagreeable the next.</p> <p>They can be self-assured, decisive, and competent, and then revert to being dependent and childlike.</p> <p>Tantrums are common, as are other recalcitrant behaviors and emotional instabilities.</p> <p>Their unpredictable behaviors and emotional states are baffling to those around them.</p> <p>Their internal conflict is also evident in their shifting self-image and self-disparagement.</p> <p>They struggle to find a satisfying allegiance with any group, as they find them all to be filled with deceptions, jealousies, and competition.</p> <p>Their struggle is more centered on the polarity of self versus other.</p> <p>Their ambivalence is more limited in its intrapsychic scope and makeup, resulting in a less severe form of pathology than seen in the UBC borderline.</p>	DRN	UBC
Circuitously Resentful	<p>Previously classified as the passive-aggressive personality disorder in the DSM.</p> <p>They resist the expectations of others, expressed indirectly through behaviors such as procrastination, dawdling, stubbornness, forgetfulness, and intentional inefficiency.</p> <p>They blend negativistic and dependent traits, unwilling or fearful of expressing resentments directly and overtly.</p> <p>They sacrifice their opportunities for achievement in retaliation against rejection and deprecation they have felt in the past.</p> <p>They resist facing guilt feelings and interpersonal conflicts and maintain a high degree of repression.</p> <p>Their disagreeable behaviors are impervious to change.</p> <p>They become highly defensive with others who wish to expose their maneuvers or force them to do anything they deny resisting on a conscious or intentional basis.</p>	DRN	DAD
Abrasively Negativistic	<p>They are overtly contentious and quarrelsome.</p> <p>They exhibit features associated with the sadistic personality prototype.</p> <p>They engage in incessant discords, turning minor frictions into repeated and bitter personal struggles.</p> <p>They may be characterized as contentious, intransigent, fractious, irritable, caustic, debasing, quarrelsome, acrimonious, and corrosive.</p> <p>They often have few qualms or conscience about contradicting or derogating even their closest associates.</p> <p>They tend to be faultfinding and dogmatic and take special delight in contradicting and derogating others.</p> <p>Their pleasure comes from demeaning others and retaliating against them, rather than the legitimacy and logic of their arguments.</p>	DRN	ADS
Irritably Negativistic	<p>They are bitter, pessimistic, and complain a lot, but they express their displeasure and disillusionment in a more direct manner than the circuitous negativist.</p> <p>They tend to attack others from behind some pretense, taking piecemeal potshots with annoying criticisms and complaints. They leave their target unprotected and often with no clear response to make.</p> <p>They are testy, cranky, petty, complaining, vexed, and fretful. They avoid direct confrontation and prefer griping with marginal and trivial complaints.</p> <p>They seek to undercut their adversaries by making them look inept or ridiculous, reaffirming the correctness of their own views without directly endangering themselves or being overwhelmed by the counteractions of others.</p> <p>They complain about everything and find fault with all sorts of things, appearing to have legitimate complaints that they seek to bring to someone's attention.</p> <p>They desire the privileged status of self-fulfillment, but they are resentful of those who possess that power. They are caught in a conflict between the need for self-expression and their resentment of those who have achieved it.</p>	DRN	DFM