

Personality	Description	Spectrum	Includes Traits Of
Voguishly Dejected	<p>They may have a tendency towards vanity and vogueishness, viewing suffering as noble and providing a sense of uniqueness and elitism.</p> <p>They find refuge in philosophical musings about the bitterness of life, adopting a style of dress and living that complements their unhappy moods.</p> <p>They exhibit histrionic and, to a lesser extent, narcissistic personality traits, using sophisticated language on current topics to rationalize their personal emptiness and confusion while maintaining their appeal to "interesting" people.</p> <p>They reinstate themselves as participants in an "in" group and draw attention to themselves by adopting popular modes of disenchantment.</p> <p>They tend to be cautious and keep their distance from problematic situations, avoiding troublesome relationships and preferring to arrange their lives to ensure a good measure of social order.</p> <p>They are upset by the actions of others and concerned that close relationships are neither genuine nor durable, and that joy will be ephemeral.</p> <p>They believe that life is most gratifying when approached with optimism and prudence, avoiding mistakes, and acting levelheaded and judicious.</p> <p>They have learned not to be drawn into the concerns and wishes of other people, anticipating that others will not be as considerate as they would like and being distrustful of those who are not supportive.</p> <p>Their independence reflects a belief that life is likely to go better by acting in a self-determined and self-interested way, rather than by assuming that others will act supportively and generously of their own accord.</p> <p>They are primarily prompted by inner beliefs of an intuitive and unconventional nature, leaning towards transcendent, speculative, and socially idealistic insights regardless of their popularity or likelihood of future acceptance.</p> <p>They desire social harmony but are not likely to seek a high degree of accuracy in decoding the complexities and dynamics of inner life, both within themselves and others.</p> <p>They are not keen observers of others' actions or their dispositions and emotions, finding human conflict in the outside world to be both disagreeable and upsetting.</p> <p>They cover up and deny their rich and complex inner world, being reluctant to express their convoluted thoughts and troubling emotions, even to long-term friends.</p> <p>They may be well-informed, diligent, motivated students and achievers who exhibit both creativity and perfectionism, blending their troubled inner processes with their tendency to be thoughtful, orderly, persistent, and conscientious.</p> <p>They fit their beliefs and values together into a coherent, internally consistent view of life that is sustainable over time.</p>	DFM	SPH,CEN
Desparingly Dejected	<p>They have a sense of social frustration and difficulty in feeling understood.</p> <p>They exhibit public withdrawals, moodiness, and discontent.</p> <p>They may seem forlorn and indifferent to their surroundings.</p> <p>They tend to fade into the background in social, professional, and family relationships.</p> <p>They often lack confidence and devalue their own achievements.</p> <p>They have a reserved and taciturn manner but possess an active imagination and complex inner thoughts.</p> <p>They are cautious and prefer to distance themselves from problematic situations.</p> <p>They seek security and psychic stability, planning strategies to circumvent difficulties.</p> <p>They have become self-focused and independent, anticipating a lack of consideration from others.</p> <p>They are curious about the inner workings of the mind and emotions.</p> <p>They perform best when faced with practical or immediate tasks that require their attention.</p> <p>They strongly dislike being tied to conventional schedules or routines.</p> <p>They may become engrossed in their interests and desire to achieve goals quickly, but this can lead to potential problems.</p> <p>They may feel overwhelmed and struggle to follow through with their plans.</p> <p>Despite their difficulties, they remain strong and strive to make their life more tolerable.</p> <p>They aim to be prudent and sensible in their actions.</p>	DFM	
Ill-Humored Forlorn	<p>They exhibit a persistent sense of discontent, often accompanied by complaints, irritability, and a negative outlook on life.</p> <p>They tend to have hypochondriacal preoccupations and periodically express guilt and self-condemnation.</p> <p>They have a habit of acting out conflicts and ambivalent feelings, resulting in extreme vacillations between bitterness, resentment, and self-deprecation.</p> <p>They commonly experience self-pity and bodily anxieties, which distinguish them from other depressive types.</p> <p>They find little pleasure in life and appear content with nothing, exhibiting a mood composed of irritability, anxiety, and self-flagellation.</p> <p>They direct their ill disposition against themselves rather than others, seeking attention for their complaints and troubles.</p> <p>They are cold, selfish, irritable, and critical.</p> <p>They tend to rejoice in the failures of others and do not anticipate or wish others well in life's rewards and achievements.</p> <p>They share characteristics that overlap with negativistic personalities.</p>	DFM	DRN
Self-Derogating Forlorn	<p>They experience feelings of helplessness and futility in the face of responsibilities and the possibility of social abandonment.</p> <p>They respond to the loss of a significant person with severe dejection or even a psychotic depression.</p> <p>They openly admit weaknesses and shortcomings to gain reassurance and support, anticipating abandonment.</p> <p>They express guilt and self-condemnation to deflect criticism and seek reassurance and sympathy.</p> <p>They contain their anger to avoid provoking retribution, directing it inward through self-derisive comments and verbalizations of guilt and contrition.</p> <p>They aim to temper others' exasperation and elicit responses that make them feel redeemed, worthy, and loved.</p> <p>They gain a sense of control over their feelings of loss and anger by diminishing their own self-worth and taking out their hatred on themselves.</p> <p>They seek redemption, absolution, and nurturance from others through their self-derogation.</p> <p>Their self-derogation serves as a means of venting hidden resentment and anger.</p> <p>They exhibit a fusion of depressive and masochistic features in their personality.</p> <p>However, these maneuvers become problematic as they become increasingly dismayed and disillusioned.</p> <p>They feel a sense of worthlessness, aware of wasted time and missed opportunities.</p> <p>The intensifying sense of worthlessness prevents them from exploring life wisely and finding a better path.</p> <p>They experience a sense of loss for what might have been and self-alienation.</p> <p>This often leads to a depressive paralysis where they are unable to function.</p>	DFM	AAM
Morbidly Melancholic	<p>They experience a deep paralysis of action, often overlapping with Axis I clinical depressions.</p> <p>They exhibit intense emotions, in contrast to emotional flatness seen in some schizoids.</p> <p>They display profound gloom and dejection, with physical manifestations like slumping posture, furrowed brows, and stooped bodies.</p> <p>Physical symptoms such as weight loss, a haggard appearance, disturbed sleep, and a growing dread of the new day are common.</p> <p>Their verbalizations convey a sense of impending disaster, helplessness, guilt, and resigned acceptance of their hopeless fate.</p> <p>The dependent personality is often intertwined with this personality disorder.</p> <p>They feel incompetent and incapable of coping with their current state.</p> <p>They harbor withering self-contempt and obsessive pessimism, seeing only the worst in themselves and the world.</p> <p>They perceive themselves as outcasts and sacrificial victims, constantly suffering the consequences of their actions and the whims of fate.</p> <p>Unrelenting despair permeates every aspect of their being, draining hope and leaving them in a persistent state of despondency and helplessness.</p>	DFM	DAD
Despairingly Melancholic	<p>They often exhibit traits of both avoidant and melancholic personalities.</p> <p>They experience intense feelings of despair, alternating between fretfulness, confusion, dysphoria, and despondency.</p> <p>They tend to hold on to grievances and may not openly express their displeasure and vexation.</p> <p>They internalize irritability and disillusionment, leading to despondency and self-disaffection.</p> <p>Shifting and vacillating moods offer temporary relief but become increasingly self-destructive.</p> <p>They struggle to gain clarity on their feelings, leading to self-destructive acts such as violent suicide or severe substance abuse.</p> <p>They believe that nothing in life can bring them rewards again, expressing a deeply pessimistic view of life and themselves.</p> <p>They often feel defeated, helpless, and seek to rid themselves of the inescapable suffering they experience.</p>	DFM	SRA