

Personality	Description	Spectrum	Includes Traits Of
Conscientiously Reliable	<p>Conscientiously reliable personalities have a strong sense of duty and dependability They conform to rules and authority, and yield to the wishes and values of others They tend to be self-effacing and hesitant to express independent self-assertion They strive to meet the expectations of others and grade their abilities based on relevance to fulfilling those expectations They dread making social indiscretions or a public faux pas and may act indecisively in unclear or ambiguous situations Despite deference to authority, they may have hidden rebellious feelings They lack spontaneity and flexibility and may procrastinate and become upset by deviations from routine They seek support through attachment to institutional or religious organizations They avoid taking risks and keep within a narrow rut They convey a front of equanimity and social agreeableness to avoid misguided transgressions and obviate the unknown and potentially dangerous They maintain a rigorous internal conscience and counterbalance their oppositional urges and unacceptable thoughts.</p>	RCC	DAD
Perfectionistically Reliable	<p>They have a persistent fear of making mistakes and taking risks They are meticulous and fastidious because they anticipate criticism and fear derogation Perfectionists tend to be industrious, pragmatic, systematic, and objective They concentrate on everyday facts and details, and are particularly careful to keep track of them Reliable perfectionists may react negatively if tasks prove too easy or enjoyable They may become lost in minor details, exhibit rigidity, and lose sight of alternatives of potentially greater value Perfectionists have difficulty appreciating viewpoints that differ significantly from their own They see themselves as reliable, efficient, and industrious people who follow a highly regulated and organized daily pattern Under their overtly controlled and cooperative facade lies a marked concern about their own adequacy They rarely act out or be provocative or contentious, as they have a strong, hidden fear of disapproval and failure.</p>	RCC	
Bureaucratically Constricted	<p>They are individuals who value traditional values, established authorities, and formal organizations. They feel empowered and comforted by their associations with groups or bureaucracies. They seek firm boundaries to guide them in making proper decisions and fear that they cannot constrain their inner impulses. They believe that by following the rules of their organization, they can avoid fault and punishment. The hierarchy of authority and subordination enables them to clearly define their place and responsibilities in the system, which makes them loyal and dependable members. They are committed adherents to the structure of the organization and are sticklers for following the details and aspirations of the system. They keep to precise time schedules and adhere to the so-called Protestant work ethic. They put aside personal inclinations, which may come to override the goals and values of the system. They deny individuality and submit to the impersonal values of the system. They are often seen as officious, high-handed, unimaginative, closed-minded, intrusive, nosy, and meddlesome due to their narrow and rigid adherence to bureaucratic policies and rules. They exhibit a public sense of pride and self-importance owing to the status and security they gain by their alliance with institutional standing and perquisites. Their air of superiority and status is but skin-deep and is not as pronounced as it is in prototypal narcissists.</p>	RCC	CEN
Parsimoniously Constricted	<p>They are extremely miserly and reluctant to share or give, reflecting a deep-seated fear of loss and a need for self-protection. They are tightfisted, penny-pinching, and highly protective of their possessions and property. They maintain a strict separation between what is theirs and what belongs to others, and they are highly defensive of their limited sphere of possessions and rights. They act as if their fortune could never be replenished, and they distance themselves from external intrusions in order to protect themselves from exposure. At a deeper level, they fear that others will uncover their true emptiness and their inner rebellious urges and angry feelings will be exposed. They maintain a facade of respectability and propriety as a means of hiding their true selves from others and even from themselves. Respect is a way of maintaining distance and avoiding exposure. Overall, they are characterized by a deep-seated fear of loss, a need for self-protection, and a reluctance to expose their true selves to others.</p>	RCC	SRA
Puritanical Compulsive	<p>They exhibit a rigid adherence to conventions of propriety and authority, accompanied by deep conflict and intense anger. They are self-righteous and exhibit periodic displays of suspiciousness, irritability, and severe judgmental attitudes. They tend towards denial and defensiveness about emotional difficulties and psychosocial problems, despite efforts to maintain control. They are unusually tense and high-strung, vigilant about avoiding social transgressions that may provoke humiliation and embarrassment. They seek to minimize criticism and punitive reactions, particularly from persons in authority, by restricting their activities and conforming to rules and regulations. Beneath the façade of propriety is a growing bitterness and disillusionment, and they exhibit strong desires to discharge hostility while simultaneously fearing such expressions will prompt derision and rejection. They often have a history of persistent tensions and may exhibit psychosomatic symptoms, resisting and suppressing their own irrational impulses through an ascetic and austere lifestyle. They are judgmental about the lack of perfection in others, which often leads to abrasive and irritating behaviors that provoke acts of defiance and disobedience. They quickly lose their temper over trivial matters and become harsh disciplinarians, constantly criticizing others' actions as inadequate or improper.</p>	RCC	
Bedeviled Compulsive	<p>They are a combination of the DRN negativistic and RCC compulsive ambivalent personality types. They struggle with the need to comply with others' wishes while also wanting to assert their own interests. This struggle causes confusion and uncertainty in their personality. They may become indecisive, tormented, and befuddled when expected to act decisively. They may procrastinate, become cautious and timid, and use complex rationales to keep their inner confusion under control. They feel overwhelmed and confused, with thoughts and impulses that can no longer be contained and directed. The persistence of these oscillating directions may lead to self-punitive resolutions, obsessions, and compulsions. They may feel possessed by demons and unable to acknowledge that their inner life is causing their distress. The eruption of untoward thoughts and distressing impulses makes them feel as if they are caught in an unresolvable state, possibly controlled by the devil himself. They feel constrained and deformed by their contradictory tendencies and may feel as if they are on the edge of psychic dissolution.</p>	RCC	DRN